

## Newspaper Starter Pots



### Supplies Needed:

- Newsprint or newspaper – black & white print only - no color pages
- Scissors
- Spice Bottle, tomato paste can or toilet paper roll – this is just used to create the small size of the pot that is needed.
- Flour and water - (1 Tablespoon of Flour & enough water to make a paste)
- A spoon
- Potting soil
- Seeds

#### Flour and Water Paste Recipe

1 part flour to 1 part water

Example: 1 Tbsp. Flour + 1 Tbsp. water

### Prep:

1. Get your supplies together in one place.
2. Create the flour and water paste: measure the flour into a small bowl and then slowly add small amounts of water until you get a paste consistency. Set this aside.

### Let's get making!

#### Step 1:

Find an old newspaper and divide it into individual sheets. Cut the newspaper into five or six-inch wide strips. One strip = one pot.

#### Step 2:

Using a spice bottle or small soup can roll your newspaper strip around your bottle.

#### Step 3:

Dab your finger in the flour/water mix and “paste” the side down.

**Step 4:**

Invert your bottle and fold the paper down around the bottom of your spice jar or can.

**Step 5:**

Add a dab of paste to the bottom and fold the last flap down.

Now let them set on a clean dry piece of newspaper and allow them to dry completely (around 24 hours).

Now you’re ready to plant your seeds in your starter pots!

Using a clean spoon, carefully add soil to the pot and then put in your seeds. Check your seed packet to learn how deep to plant them. Add enough water to make the soil moist but not wet.

Set your pots in a warm and sunny place and wait for them to sprout. You will need to check on your pots often and water them to make sure the soil stays moist (not wet).

Once your seeds sprouted and grown enough, you can plant the whole little pot outside or in a larger pot and watch your plant grow!